

# 2025 HEALTH & WELLNESS WEEK

## JAN 11<sup>TH</sup> - 18<sup>TH</sup>

**During Health & Wellness, Hilton Head and Bluffton  
Stretch Zone's will be offering the following promotion:**

**Purchase a (4) stretch monthly membership, get (1) Free Stretch Session  
every 90 days of active membership**

**Purchase a (8) stretch monthly membership, get (2) Free Stretch Session  
every 90 days of active membership**

**Purchase a (12) stretch monthly membership, get (3) Free Stretch Session  
every 90 days of active membership**

**\*\*\*Restrictions apply\*\*\***

